

What you need to know about

# C.O.S.H.H.

The Control Of Substances Hazardous to Health regulations 2002

**Super**  
Professional

Under current Coshh Regulations, everybody at work should know the appropriate safety precautions to undertake so as not to put themselves or others in danger by exposure to substances that are hazardous to health and the environment.

<p><b>HARMFUL</b> May cause limited health risk if ingested, inhaled or if penetration of the skin occurs.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Do not breathe dust, spray or vapour.</li> <li>Avoid contact with skin.</li> <li>Wash thoroughly before you drink, eat or smoke.</li> <li>In the event of contact with eyes, rinse immediately with plenty of water and seek medical advice.</li> </ul>	<p><b>IRRITANT</b> A non corrosive substance which may cause inflammation and irritation when in immediate repeated or prolonged contact with the skin or if inhaled.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Do not breathe dust, spray or vapour.</li> <li>Avoid contact with skin.</li> <li>Wash thoroughly before you drink, eat or smoke.</li> <li>In the event of contact with eyes, rinse immediately with plenty of water and seek medical advice.</li> </ul>	<p><b>TOXIC/VERY TOXIC</b> May cause a severe health risk or even death if ingested, inhaled or penetration of the skin occurs even in low volumes or quantities.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Wear suitable protective equipment (PPE).</li> <li>In the event of contact with skin, wash immediately with plenty of water.</li> <li>In the event of contact with eyes, rinse immediately with water and seek medical advice.</li> </ul>	<p><b>CORROSIVE</b> May cause burns or destruction of living tissue on contact with skin.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Wear suitable protective equipment (PPE).</li> <li>Remove and dispose safely any contaminated clothes.</li> <li>In the event of contact with skin, wash immediately with plenty of water.</li> <li>In the event of contact with eyes, rinse immediately with plenty of water for 15 minutes and seek medical help.</li> </ul>	<p><b>SERIOUS HEALTH HAZARD</b> May cause serious and prolonged health effects on short and long term exposure.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Read and follow instructions for given material.</li> <li>Do not breathe dust, spray or vapour.</li> <li>Avoid contact with skin.</li> <li>Wash thoroughly before you drink, eat or smoke.</li> <li>In the event of contact with eyes, rinse immediately with plenty of water and seek medical advice.</li> </ul>	<p><b>HIGHLY FLAMMABLE</b> In a solid or gaseous form this substance may readily catch fire in contact with air without any application of energy. In a liquid form it is a substance with a flash point below 21 degrees Celsius.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Read and follow instructions for given material.</li> <li>Ensure containers are stored in a cool, well ventilated place with tight fitting lids.</li> <li>Store away from sources of heat and ignition.</li> <li>Ensure the material and its container are disposed of in a safe manner.</li> </ul>	<p><b>EXTREMELY FLAMMABLE</b> A liquid having a flash point of less than 0 degrees Celsius and a boiling point of less than or equal to 35 degrees Celsius.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Ensure containers are stored in a cool, well ventilated place with tight fitting lids.</li> <li>Do not breathe spray or vapour.</li> <li>Take measures to safeguard against static discharges.</li> </ul>	<p><b>HAZARDOUS TO THE ENVIRONMENT</b> Presents or may present a danger to one or more parts of the environment. These substances are usually very toxic to aquatic organisms.</p> <p><b>Safety Precautions:</b></p> <ul style="list-style-type: none"> <li>Ensure containers are stored in a cool, well ventilated place with tight fitting lids.</li> <li>Take measures to safeguard against accidental spillage.</li> <li>Ensure the material and its container are disposed of in a safe manner.</li> </ul>
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